

China FIT Tours

Yunnan Highlights



DAY BY DAY ITINEARY

Day 1. Arrive Kunming

On arrival, be greeted and escorted to the hotel to check in. Behold the Minorities Museum if time permits.

MEALS: Dinner

Grand Park hotel

Day 2. Kunming / Stone Forest / Kunming

Today, take an excursion to the legendary Stone Forest, where massive limestone columns form a vast forest of surreal shapes and images. This area is home to the Sani Minority, known for their fine embroidery and dancing skills.

MEALS: Breakfast, Lunch, Dinner

Day 3. Kunming / Jianshui

This morning drive to Jianhshui (3 hours), a historic town, known as "the Museum of Ancient Constructions", which highlights the ancient Chinese culture and art. Sightseeing tour visits the Zhu Family Gardens, built in 1901, and The Confucian Temple. Check into hotel.

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MEALS: Breakfast, Lunch, Dinner
Zhu Family Gardens Guesthouse

Day 4. Jianshui / Kunming

After breakfast, tour Chaoyang Gateway Tower. Built 600 years ago, it is the symbolic building of the frontier regions in south China. Then continue on to visit the Swallow Cave. The cave was so named because every spring and summer tens of thousands of swallows inhabit it. After the tour, return to Kunming and check into the hotel.

MEALS: Breakfast, Lunch, Dinner
Grand Park hotel



Day 5. Kunming / Xishuangbanna

Fly to Xishuangbanna this morning. On arrival, visit Menglun Tropical Botanical Garden. The botanical garden is one of the largest and richest in plant diversity in China. Move on to tour Ganlanba bazaar, known as "the Plume of the Peacock", with attractive vegetation and bamboo houses scattered around. Visit a village of Dai ethnic minority. Later check into the hotel.

MEALS: Breakfast, Lunch, Dinner
Jinglan International Hotel

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Day 6. Xishuangbanna / Dali

Today's tour shows the Wild Elephant Valley, where you can walk about on the overhead corridor and enjoy the scene of wild elephants bathing and roaming below. Marvel at a unique hotel built in the trees. Later fly to Dali and check into your hotel.

MEALS: Breakfast, Lunch, Dinner

Asia Star Hotel



Day 7. Xishuangbanna / Dali

In this lovely capital of ancient Nanzhao and Dali kingdoms, and home of the Bai minority group, tour the picturesque Three Pagoda Temple and the fascinating wonders of Dali's ancient quarter. Visit Bai living quarters. In the evening stroll the lanes of Dali, absorbing the local atmosphere of its authentic markets.

MEALS: Breakfast, Lunch, Dinner

Day 8. Dali / Lijiang

This morning depart Dali for breathtaking Lijiang. En route visit the Bai Traditional House in Xizhou. An important stop on the trade route to Tibet, Xizhou flourished in the Ming dynasty (1368-1644), along with the fortunes of Dali's tea merchants. Visit the Yang family courtyard, a traditional Bai house. In the afternoon, arrive in Lijiang, where the Naxi ethnic minorities have a long

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history and splendid culture, with their unique traditions, architecture and clothing. A tour takes you to renowned Black Dragon Pool with its Moon Embracing Pavilion, Five Phoenix Pavilion and Dongba Cultural Village.

MEALS: Breakfast, Lunch, Dinner

Lijiang Guan Fang Hotel



Day 9. Lijiang

This morning, visit Baisha village to see its famous Ming and Qing dynasty frescos, then tour Yuhu Village, a well-preserved Naxi community. This afternoon is free for you to explore the ancient Dayan Town, a UNESCO World Heritage site, where the houses are wood-and-earth structures with tiled roofs and flower-filled courtyards. The Mu Family Mansion, ancient home of a Naxi noble, now a museum, is offering insight into Naxi history and culture. Then visit Yufeng Temple, with its famous 500-year-old camellia tree.

MEALS: Breakfast, Lunch, Dinner

Day 10. Lijiang / Zhongdian

Today drive to Zhongdian, the stunningly picturesque setting believed to be the inspiration of the mythical Shangri-La described in James Hilton's novel, *The Lost Horizon*. Along the way, behold the "First Bend" of the Yangtze River at Shigu, and astounding Hutiao (Tiger Leap) Gorge on the Jinsha River, one of the deepest gorges in the world.

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MEALS: Breakfast, Lunch, Dinner
Paradise Hotel



Day 11. Zhongdian

Today's breathtaking tour of this beautiful region visits 17th-century Gedan Songzanlin Monastery, scenic Napa Lake, then on to tour Zhongdian's Tibetan old town and local market. In the evening, pay a visit to a Tibetan family home, where you will enjoy a taste of local song and dance as well as snacks.

MEALS: Breakfast, Lunch, Dinner

Day 12. Zhongdian / Kunming

A morning flight takes you to Kunming. Visit the Western Hills, commonly referred to as 'Sleeping Beauty Hills' a fitting description of the spectacular formations. Then on to tour the 400 year old Golden Palace Temple at the top of Mingfeng Hill, home of the Taoist Taihe Palace (Hall of Supreme Harmony) and the largest copper temple in China.

MEALS: Breakfast, Lunch, Dinner

Grand Park hotel

Day 13. Depart Kunming

After breakfast, transfer to the airport for your flight onward.

MEALS: Breakfast

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When to go:

The tour itinerary is ideally done in the months of April, May, September, October (except for the period of October 1 to October 7), the high season, the rest is low season.



All-Inclusive Tour Cost:

All Inclusive Features: * Locally hosted, local English Speaking guides provide transfers, sightseeing and assistance * All intra China air and land transportation * Flights in economy class * 4-star and 5-star, or best available accommodations * All Meals specified in the itinerary * Round-trip transfers between airport and hotel, baggage handling, hotel taxes and service charges * Guided sightseeing tours, cultural activities and performances as noted * Tour Operators' Liability Insurance inside China

Tour Fare Does Not Include: * Round-trip international flight, departure airport and city tax * The customary end-of-tour gratuity to local guides and drivers. Suggested amount: \$10 per day person for the guide, \$5 for the driver. * Tips to restaurant and hotel waiters, chambermaids and porters. * Optional tours * Transportation of heavy baggage in excess of applicable allowance; * Cost of passport and visas * Items of a strictly personal nature, such as bar beverages, laundry, phone calls, etc.

Request itinerary pricing info:

<http://chinafittours.com/TourReservation1.htm>

Call  **720-220-6998** or  Email us and we call you!
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If you'd like to customize this itinerary to run it as your own private tour on dates you select, email us to discuss your China travel plans!

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Yangtze River Tours

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Tibet Tours

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China Grand Journey

<http://chinafittours.com/chinatours/grandjourney.htm>

Beijing via Tibet to Delhi

<http://chinafittours.com/chinatours/beijingtodelhi.htm>